

# May is Bike Month!



Calendar Created by BikeWalk Virginia ([www.bikewalkvirginia.org](http://www.bikewalkvirginia.org))

Rides/ Activities Lead and Sponsored by Local Organizations, Visit Sponsor Sites for Details. Rides Weather Dependent

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Bike Month Proclamation. Capital Square 9:00am. ( <a href="http://bikewalkvirginia.org">bikewalkvirginia.org</a> ) Night MTB Ride Pocahontas <a href="http://Richmond-more.org">Richmond-more.org</a>	2 Friday Ride at Hylas <a href="http://Raba.org">Raba.org</a>	3 Pedal the Parkway in Williamsburg <a href="http://wabonline.org">wabonline.org</a>  Wake-up Ride 8AM Carytown Bicycle <a href="http://company.com">company.com</a>
4 Merit Badge Program <a href="http://Raba.org">Raba.org</a>  Hanover Scenic Ride <a href="http://Raba.org">Raba.org</a>	5 Riders Social: Bring Your Helmet to Northside Grill for 1/2 off entrée 6-9pm <a href="http://Northsidegrill.com">Northsidegrill.com</a>  Mellow Monday <a href="http://Richmondmore.org">Richmondmore.org</a>	6 Ride Like A Girl Mountain Bike Ride 6:PM Poor Farm <a href="http://Richmond-more.org">Richmond-more.org</a>  Hanover Courthouse Ride <a href="http://Raba.org">Raba.org</a>	7 Beg/Int. Road Ride 6:00 Ashland <a href="http://Cobblestonebikes.com">Cobblestonebikes.com</a>  Ashland Dinner Ride—lights required <a href="http://Raba.org">Raba.org</a>	8 Singlespeed Ride (JRFS) 6pm <a href="http://www.richmond-more.org">www.richmond-more.org</a>  East End Road Ride <a href="http://Raba.org">Raba.org</a>	9 1 PM Ride Carytown Bicycle <a href="http://company.com">company.com</a>  1 PM Ride Carytown Bicycle <a href="http://company.com">company.com</a>	10 Capital to Capital Ride <a href="http://capitaltrail.org">capitaltrail.org</a>  Chunker Cruise 5:00 Ashland <a href="http://www.Cobblestonebikes.com">www.Cobblestonebikes.com</a>
11 Spinning Slueth's Ride <a href="http://Raba.org">Raba.org</a>  MTB Race <a href="http://runridrace.com">runridrace.com</a>	12 Group Road Riding 101 <a href="http://Endorphinfitness.com">Endorphinfitness.com</a> 741-1599	13 Ride Like A Girl Mountain Bike Ride 6PM Poor Farm <a href="http://Richmond-more.org">Richmond-more.org</a>  Hanover Courthouse Ride <a href="http://Raba.org">Raba.org</a>	14 Beg/Int. Road Ride 6:00 Ashland <a href="http://Cobblestonebikes.com">Cobblestonebikes.com</a>  New Rider Pedal Ride <a href="http://Raba.org">Raba.org</a>	15 Night MTB Ride Pocohantus SP <a href="http://Richmond-more.org">Richmond-more.org</a>  East End Road Ride <a href="http://Raba.org">Raba.org</a>	16 Bike To Work Day—Visit <a href="http://BikeWalkVirginia.org">BikeWalk Virginia.org</a>	17 South to Sussex <a href="http://Raba.org">Raba.org</a>  Ashland Breakfast Club Ride <a href="http://Raba.org">Raba.org</a>
18 Laurel Park Road Loop <a href="http://Raba.org">Raba.org</a>  Go Fast Turn Left Races Carytown Bicycle <a href="http://company.com">company.com</a>	19 Mellow Monday Ride 6PM <a href="http://Richmond-more.org">Richmond-more.org</a>	20 Ride Like A Girl MTB Ride 6PM Poor Farm <a href="http://Richmond-more.org">Richmond-more.org</a>  Hanover Courthouse Ride <a href="http://Raba.org">Raba.org</a>	21 Beg/Int. Road Ride 6:00 Ashland <a href="http://Cobblestonebikes.com">Cobblestonebikes.com</a>	22 Youth Road Ride 6PM <a href="http://www.Richmondprorocycling.com">www.Richmondprorocycling.com</a>  First Timer MTB Ride 6:00 Poor Farm <a href="http://Cobblestonebikes.com">Cobblestonebikes.com</a>	23 Friday Ride at Hylas <a href="http://Raba.org">Raba.org</a>  1 PM Ride Carytown Bicycle <a href="http://company.com">company.com</a>	24 Ashland Breakfast Club Ride <a href="http://Raba.org">Raba.org</a>  Wake-up Ride 8AM Carytown Bicycle <a href="http://company.com">company.com</a>
25 Bike to Legends <a href="http://Raba.org">Raba.org</a>	26 Raba Special Ride: Amelia to Crewe <a href="http://Raba.org">Raba.org</a>	27 Ride Like A Girl Mountain Bike Ride 6PM Poor Farm <a href="http://Richmond-more.org">Richmond-more.org</a>  Hanover Courthouse Ride <a href="http://Raba.org">Raba.org</a>	28 Beg/Int. Road Ride 6:PM Ashland <a href="http://Cobblestonebikes.com">Cobblestonebikes.com</a>	29 East End Road Ride <a href="http://Raba.org">Raba.org</a>  Intermediate MTB Ride 6PM (MORE) <a href="mailto:greg.proforma@comcast.net">greg.proforma@comcast.net</a>	30 Friday Ride at Hylas <a href="http://Raba.org">Raba.org</a>  1 PM Ride Carytown Bicycle <a href="http://company.com">company.com</a>	31 Ashland Breakfast Club Ride <a href="http://Raba.org">Raba.org</a>  Wake-up Ride 8AM Carytown Bicycle <a href="http://company.com">company.com</a>

Join BikeWalk Virginia today to help support our state and local advocacy for pedestrians and non motorized recreation users.

<http://www.bikewalkvirginia.org/membership.asp>