

BIKE / WALK TO WORK WEEK

WHEN? MAY 12th - 16th

WHY: To Promote Healthy Lifestyles and a Cleaner Environment

WHO: YOU! Make an Impact on Your Health and In Your Community



The League of American Bicyclists is promoting **Bike-to-Work Week** from **May 12-16** and

Bike-to-Work Day on **Friday, May 16.**

So get your bike, out, lube up the gears and get in the saddle for a great week of cycling!

Don't forget to wear your helmet!

Can't manage or don't have the means to bike to work?

Try car-pooling or public transportation to reduce emissions and continue to beautify this community!

Sponsored locally by

The Green Team of the **Healthy Community Council**

